

DANCING WITH DEMENTIA

"If you bring joy to someone living with dementia and you warm their heart, that feeling can live on for them for three whole days"

**Claire Kerrigan, Q&A
Grandma Remember Me**

DNA 'Dancing with Dementia' classes offer a chance for participants to experience creative movement and dance with their companions.

Classes focus on stimulation of the brain through movement, repetition, props and musical timelines. These factors offer the opportunity to keep the mind alert whilst also unlocking support for general well-being.

We invite participants to stay after the class, and join us for refreshments & chat.



Photo: Rachel Cherry



Photo: Rachel Cherry

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Dancing With Dementia Dancing With Dementia:

Dancing With Dementia Dancing With Dementia Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Dancing With Dementia Dancing With Dementia**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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